

# *Heritage Essential Oils*

*Price Guide*

*January 2011*

## *Heritage Essential Oils*

**Essential oils** are distilled from various parts of plants, including seeds, bark, leaves, stems, roots, flowers and fruit. They are highly concentrated and far more potent than dried herbs. The essential oils of the plant and human blood share several common properties: They fight infection, contain hormone-like compounds and initiate regeneration. Working as the chemical defense mechanism of the plant, essential oils possess potent anti-bacterial, anti-fungal and anti-viral properties. They are vital for a plant to grow, live and adapt to its surroundings. Referred to as the essence of the plant, pure essential oils not only protect the plant but also determine its aroma. The molecules of essential oils are also relatively small, giving them the ability to easily penetrate the cells, and some oils have been shown to cross the blood-brain barrier. When topically applied to the feet or elsewhere, essential oils can travel throughout the body in a matter of minutes.

Dating as far back as 4500 B.C., essential oils have been used throughout history, and modern research shows that pure essential oils can provide similar benefits to humans and animals that they give to plants. Scientists today are rediscovering their unique ability to fight infection.

If you think of how precious the blood is to the body, consider how precious the oil is to the plant, and when producing these oils, we want to be sure that at every step the utmost care is taken to ensure that the quality of the oil is not compromised. Many oils on the market today are produced using chemicals and high heat because the fragrance industry is interested in quantity and aroma, not quality and medicinal value. It is imperative to only use high-quality essential oils distilled at low heat and without chemicals. Fragrance oils or chemical components of essential oils produced in a lab bring disappointing results and may even be toxic.

There are four basic ways to take essential oils: through the lungs (inhalation), through the skin (massage), through the digestive tract (by mouth) and through the absorbent tissues of the body orifices (suppositories or orally absorbed—not swallowed). Holding oils in the mouth allows them to be absorbed directly into the bloodstream. Swallowing the oils results in a major portion being destroyed by the stomach acids, so a greater amount of oil is required when swallowed than when simply held in the mouth. But since some oils are too strong to be held comfortably in the mouth, and when internal usage is desired, swallowing oils in a capsule is an effective alternative. The choice of the usage should best fit the need.

There are differing "schools of thought" regarding the proper usage of essential oils. We feel, and our experience has borne out, that if the oil is high grade, chemical- and pesticide-free, then generally the oil is safe topically (although some oils are very strong and "hot," and dilution with a massage oil like emu, coconut or jojoba may be in order). Many oils are safe internally, and most all essential oils are safe to diffuse. Please be responsible to know how to use the essential oils. While I've never known someone to be harmed by their usage, especially parents should be aware of an essential oil's properties and actions before using them on children. If you are new to using essential oils, start slowly and remember that they are highly concentrated, and a little will go a long way.

### **Statement of Quality**

Heritage Essential Oils insists on using only the finest quality, therapeutic-grade, pure essential oils available. We select Certified Organic, Organic (same as certified organic except not certified), Wild Crafted (self-propagating, uncultivated, grown and harvested by hand in the wild), and ethically farmed essential oils. All of Heritage Essential Oils are GC/MS analyzed and certified to be pesticide free. Our essential oils far exceed AFNOR and ISO quality standards and are subjected to rigorous mass spectrometry and gas chromatography testing to ensure exact composition and activity. We believe our oils are among the safest and most beneficial essential oils available.

All our essential oils are GC/MS analyzed for quality assurance and meet strict aroma and analytical requirements before they are accepted for purchase. Analysis of Gas Chromatographs (GC) provides valuable information about the nature of the pure essential oils that we purchase from around the world. GC's usually vary from batch to batch due to climate conditions and location in which the plant was grown and harvested. While we recognize that conditions and GC's may vary, there is a standard of value that each oil must meet in order to pass the "test" of highest quality and effectiveness.

"There are precious treasures and oil in the dwelling of the wise"  
"Oil" is translated from the Hebrew word *shemen*, which may refer to an anointing oil  
~ Proverbs 21:20 ~

## *Heritage Essential Oils*

<u>Allergy Relief</u>	Contains Lavender, a natural antihistamine	15ml	\$17.75
Allspice	Dental infection, dysentery, sinus, colds	15ml	\$19.50
<u>Ambrosi</u>	Natural essential oil fragrance	1 oz	\$18.50
<u>Ancient Defense</u>	Strengthen immune system, Infections	5ml	\$12.25
<u>Ancient Healing</u>	Infection fighting, immune stimulating	15ml	\$25.00
<u>Angelica Root (<i>Angelica Archangelica</i>)</u>	Colds, Coughs, Fevers, Indigestion	5ml	\$30.75
<u>Anise (<i>Pimpinella Anisum</i>)</u>	Coughs, Indigestion, Bronchitis	15ml	\$7.75
<u>Arctic Ice</u>	Rheumatism, Arthritis, Joints, Muscles, Cramps	15ml	\$19.00
<u>Attention</u>	Helps to bring mind into focus, ADD	5ml	\$12.00
<u>Baby Skin Moisturizing Spray</u>	Use as a relaxing massage for baby	1 oz	\$8.50
<u>Bacteria Top Gun - Bacteria Fighting blend</u>	See below under "Top Gun"		
<u>Balance</u>	Uplifting blend may clear the mind & reduce stress	5ml	\$15.25
<u>Balance Moisturizing Spray</u>	Uplifting, moisturizing blend may clear the mind & reduce stress	1 oz	\$13.25
<u>Basil (<i>Ocimum Basilicum</i>)</u>	Bronchitis, Fatigue, Colds, Migraine, Aches	15ml	\$10.00
<u>Bay Laurel (<i>Laurus Nobilis</i>) see Laurel Leaf</u>	Colds, Sprains, Flu, Rheumatism	15ml	
<u>Benzion Liquid Resin (<i>Styrax Benzoin</i>)</u>	Coughs, Itching, Arthritis, Colds, Sedative	15ml	\$9.25
<u>Bergamot, Italian (<i>Citrus Bergamia</i>)</u>	Coughs, Fever, Acne, Tension, Stress	15ml	\$13.75
<u>Birch (<i>Betula Lenta</i>) chemically like Wintergreen</u>	Gout, Rheumatism, Eczema, Ulcers	15ml	\$11.25
<u>Blood Clot Aid</u>	Circulation	15ml	\$10.75
<u>Blue Cypress (<i>Calistris Intratropica</i>) NOT AVAILABLE</u>	Viral: Herpes Simplex & Zoster, Cold Sores	5ml	N/A
<u>Blue Tansy (<i>Tanacetum Annum</i>)</u>	Inflammation, Itching, Hormonal	5ml	\$13.75
<u>Bones &amp; Joints</u>	Scoliosis, "Chiropractor in a Bottle" w/EMU oil	15ml	\$15.00
<u>Bones &amp; Joints Moisturizing Spray</u>	A wonderful, balancing blend, after bathing, after shave	1 oz	\$9.75
<u>Breath Fresh</u>	In a squeeze bottle - very refreshing & cleansing	15ml	\$5.50
<u>BruisEase</u>	Deep bruising	15ml	\$18.25
<u>Caraway Seed (<i>Carum Carvi</i>)</u>	Nerves, Mental Fatigue, Digestion, Colic	15ml	\$11.00
<u>Cardamom (<i>Elettaria Cardamomum</i>)</u>	Coughs, Nausea, Headache, Digestion	5ml	\$13.00
<u>Cassia Bark, CO2 (<i>Cinnamomum Cassia</i>)</u>	Ringworm, candida, antibacterial	15ml	\$19.25
<u>Cassia Leaf (<i>Cinnamomum Cassia</i>)</u>	Cinnamon aroma used to repel insects	15ml	\$8.00
<u>Cedarwood (<i>Cedrus Atlantica</i>)</u>	Bronchitis, Acne, Arthritis, Diuretic, Brain	15ml	\$7.75
<u>Celery Seed (<i>Aplium Graveolens</i>)</u>	Arthritis, Digestive and Liver issues	15ml	\$13.00
<u>Chamomile, German (<i>Matricaria Chamomilla</i>)</u>	Nerves, Migraine, Burns, Inflammation	5ml	\$24.75
<u>Chamomile, Roman (<i>Anthemis Nobilis</i>)</u>	Nerves, Migraine, Menstrual, Dermatitis	5ml	\$12.75

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<u>Chili Pepper (<i>Capsicum</i>) CO2</u>	Pain, Rheumatism, Arthritis, Joint Issues	15ml	\$11.25
<u>Cholesterol Maintenance</u>	Supports liver, balances cholesterol	15ml	\$26.00
<u>Chronic Fatigue</u>	Glandular fever, monocytes in blood	15ml	\$34.75
<u>Cilantro (<i>Coriandrum Sativum</i>)</u>	Edema, Toxins, Colds, Flu, Measles	5ml	\$10.00
<u>Cinnamon Bark (<i>Cinnamomum Zeylanicum</i>)</u>	Infection, Viral, Digestive, Ulcers, Warts	5ml	\$11.75
<u>Cinnamon Leaf (<i>Cinnamomum Zeylanicum</i>)</u>	Flu, Rheumatism, Warts, Coughs, Viral	15ml	\$12.25
<u>Circulation</u>	Heart, Blood Pressure, Lymphatic, Hemorrhoids	15ml	\$16.25
<u>Cistus (<i>Cistus Ladaniferus</i>)</u>	Hemorrhages, Arthritis, Viral, Immune	5ml	\$11.75
<u>Citronella Ceylon (<i>Cymbopogon Nardus</i>)</u>	Respiratory, Digestive/Intestinal Issues	15ml	\$7.50
<u>Citronella Java (<i>Cymbopogon Winterianus</i>)</u>	Lower grade for insect sprays, farm use	2 oz	\$17.50
<u>Citrus Blessing</u>	Circulation, Digestion, Parasites, Insomnia	15ml	\$9.25
<u>Citrus Quench</u>	Cleansing, Calming, Depression	15ml	\$12.00
<u>Citrus Quench Moisturizing Spray</u>	We use to disinfect hands when away from home	2 oz	\$12.25
<u>Clary Sage (<i>Salvia Sclarea</i>) High Sclareol</u>	Menstrual, Hormonal, Circulatory	15ml	\$12.50
<u>Cleansing</u>	Anti: -Fungal,-Bacterial,-Infectious, Regenerating	15ml	\$15.50
<u>Clove (<i>Eugenia Caryophyllata</i>)</u>	Arthritis, Hepatitis, Throat, Sinus, Lung	15ml	\$8.75
<u>Combava Petitgrain (<i>Citrus Hystrix</i>) - see Petitgrain</u>	Inflammation, Stress, Anxiety, Trauma	15ml	
<u>Comfrey / Calendula Salve "Healing Salve"</u>	Wounds, scars, dryness, eczema	¼ oz	\$1.50
<u>Complexion</u>	Opens clogged follicles, anti-fungal, healing	15ml	\$13.75
<u>Copaiba (<i>Copaifera Langsdorfii</i>)</u>	Digestion, immune support, inflammation	15ml	\$9.00
<u>Coriander (<i>Coriandrum Sativum</i>)</u>	Diabetes, Arthritis, Intestinal issues	15ml	\$10.75
<u>Cumin (<i>Cuminum Cyminum</i>)</u>	Cancer, Digestion, Infectious Diseases	15ml	\$18.00
<u>Cypress (<i>Cupressus Sempervirens</i>)</u>	Circulation, Capillaries, Infection	15ml	\$9.50
<u>Davana (<i>Artemesia Pallens</i>)</u>	Infections, Stress	5ml	\$13.25
<u>Deep Healing w/EMU oil</u>	Deep tissue work ~ This blend is incredible!	5ml	\$16.25
<u>Defender</u>	Immune support, yeast/fungal, infections	15ml	\$14.75
<u>Diabetes Massage</u>	May improve circulation and heal cuts and wounds	30ml	\$13.00
<u>Digestion Support</u>	Digestion, Bowel Function, Stomach Virus/Flu	15ml	\$12.25
<u>Dill</u>	Diabetes, Digestion & Liver Issues	15ml	\$11.75
<u>Doggy Ears</u>	Cleans, ear infections, mites	1 oz	\$7.50
<u>Ear Infection</u>	Specifically targets infection	15ml	\$15.25
<u>Earache Relief</u>	Put a few drops on a cotton ball and place in ear; massage around ear	15ml	\$11.00
<u>Eastern Hemlock (see Spruce, Tsuga)</u>	see Spruce, Tsuga		
<u>Elemi (<i>Canarium Luzonicum</i>)</u>	Muscle/Nerve Pain, Skin: Scars, Acne	15ml	\$10.50

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<u>Endurance</u>	Highest anti-oxidant and DNA-protecting oils	15ml	\$17.50
<u>Energize</u>	Relieve stress, boost energy and concentration	15ml	\$18.25
<u>Erigeron (<i>Erigeron Canadensis</i>) see Fleabane</u>	Hemorrhoids, Bleeding, Sore Throat	15ml	
<u>Eucalyptus Citriodora (<i>Eucalyptus Citriodora</i>)</u>	Candida, Ringworm, Respiratory, Viral	15ml	\$7.25
<u>Eucalyptus Globulus (<i>Eucalyptus Globulus</i>)</u>	Respiratory, Sinus, Congestion, Arthritis	15ml	\$12.50
<u>Eucalyptus Radiata (<i>Eucalyptus Radiata</i>)</u>	Respiratory, Sinus, Viral: Herpes Simplex	15ml	\$8.25
<u>Evening Peace Moisturizing Spray</u>	Relaxing & stress relieving blend	2 oz	\$14.50
<u>Face Nourishment: Wrinkle Ease</u>	Nourishing, moisturizing spray for face	1 oz	\$13.50
<u>Face Nourishment: Healing</u>	Nourishing, moisturizing spray for face	1 oz	\$8.75
<u>Face Nourishment: Soothing</u>	Nourishing, moisturizing spray for face	1 oz	\$11.25
<u>Fennel (<i>Foeniculum Vulgare</i>)</u>	Cancer, Menstrual, Digestion, Parasites	15ml	\$11.50
<u>Fever Blister</u>	Kills the virus that causes fever blisters, cold sores	5ml	\$18.25
<u>Fir, Douglas (<i>Pseudotsuga Menziesii</i>)</u>	Respiratory / Sinus Infections	5ml	\$13.25
<u>Fir, White (<i>Abies Alba</i>) also known as Silver Fir</u>	Respiratory & Fungal Infections, Cancer	15ml	\$8.75
<u>Fire Power 10 ml Roller-Ball Applicator</u>	An ultimate pain reliever and healer, frozen joints	10ml	\$20.75
<u>First Aid</u>	Cuts, Scrapes, Wounds	15ml	\$10.75
<u>Fleabane or Erigeron (<i>Erigeron Canadensis</i>)</u>	Hemorrhoids, Bleeding, Sore Throat	15ml	\$12.50
<u>Flower Garden Moisturizing Spray</u>	Skin care, scarring, after shave, insomnia, anxiety	1 oz	\$11.75
<u>Focus</u>	Mental alertness & Clarity, increase energy level	5ml	\$13.25
<u>Frankincense (<i>Boswellia Carteri</i>) CO2</u>	Cancer, Respiratory, Asthma, Allergies	5ml	\$14.50
<u>Frankincense (<i>Boswellia Frereana</i>)</u>	Similar to Carterii, but more delicate in aroma. Has proved very effective	15ml	\$20.50
<u>Fresh Citrus</u>	Use in Cleaners, Laundry, Dish Water	30ml	\$13.25
<u>Freshen Moisturizing Spray</u>	Freshen, restore and lubricate	1 oz	\$11.50
<u>Fungal Spray</u>	Fight and protect against fungal issues	1 oz	\$13.25
<u>Galbanum (<i>Ferula Galbaniflua</i>)</u>	Digestive, Nerves, Skin, Rheumatism	5ml	\$12.25
<u>Geranium Rose (<i>Pelargonium Roseum</i>)</u>	Hepatitis, Skin, Fungal, Viral, Hormone	15ml	\$19.75
<u>Ginger (<i>Zingiber Officinale</i>)</u>	Arthritis, Digestive, Respiratory, Aches	15ml	\$18.50
<u>Goat Milk Soap - 3.0 - 3.5 oz bar</u>	Ideal for complexion and skin issues	bar	\$5.50
<u>Goldenrod (<i>Solidago Canadensis</i>)</u>	Liver, Hepatitis, Circulatory, Bladder	5ml	\$32.25
<u>Grapefruit (<i>Citrus Paradisi</i>)</u>	Alzheimer's, Liver, Cellulite, Fluid retention	15ml	\$8.00
<u>Grateful</u>	Nervous & Immune systems, emotional balance	15ml	\$17.75
<u>Hair Renew</u>	Cleanses, nourishes & strengthens follicle & shaft	15ml	\$16.00
<u>Headache Relief</u>	Headaches, minor aches & pains, migraines	15ml	\$13.00
<u>Heaven's Scent</u>	Uplifting blend may clear the mind & reduce stress	15ml	\$17.50
<u>Heaven's Scent Moisturizing Spray</u>	Same as above as a body moisturizing spray	2 oz	\$14.75

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<u>Helichrysum (<i>Helichrysum Italicum</i>)</u>	Herpes, Circulation, Blood Clots, Skin	5ml	\$67.00
<u>Helichrysum Blend</u>	Blend of 6 oils to mirror true Helichrysum	15ml	\$16.50
<u>Hemorrhoid Care</u>	Reduces painful inflammation	1 oz	\$13.00
<u>Holiday Spice (see Spice)</u>	Purify and fill the air with Holiday scent	15ml	
<u>Hyssop (<i>Hyssopus Offininalis</i>)</u>	Respiratory, Congestion, Parasites, Viral	5ml	\$13.00
<u>Immunion</u>	Immune system stimulant, anti-infectious	15ml	\$21.00
<u>Inflammation</u>	May help reduce internal inflammation	15ml	\$22.25
<u>Jasmine Sambac Absolute (<i>Jasminum Sambac</i>)</u>	Menstrual, Skin, Anxiety, Depression	5ml	\$72.00
<u>Juniperberry (<i>Juniperus Communis</i>)</u>	Acne, Eczema, Liver, Urinary/Bladder	15ml	\$14.50
<u>Laurel Leaf (<i>Laurus Nobilis</i>)</u>	Nerve Regeneration, Gingivitis, Viral	15ml	\$14.50
<u>Lavandin (<i>Lavandula Hybrida</i>)</u>	Antiseptic, Respiratory, Circulatory	15ml	\$9.50
<u>Lavender (<i>Lavandula Anquistifolia</i>)</u>	Burns, Respiratory, High Blood Pressure	15ml	\$20.00
<u>Ledum (<i>Ledum Groenlandicum</i>)</u>	Liver, Hepatitis, Obesity, Water Retention	5ml	\$64.50
<u>Lemon (<i>Citrus Limonum</i>)</u>	Circulatory, Parasites, Urinary Tract Infections	15ml	\$8.50
<u>Lemongrass (<i>Cymbopogon Flexuosus</i>)</u>	Bladder Infection, Respiratory, Sinus	15ml	\$7.50
<u>Lime (<i>Citrus Aurantifolia</i>)</u>	Acne, Herpes, Insect Bites, Respiratory	15ml	\$8.25
<u>Liver / Gallbladder</u>	Supportive & healing for liver/gallbladder - topical	15ml	\$24.50
<u>Lung Healing</u>	Respiratory Infections, Pneumonia, Asthma	15ml	\$10.75
<u>Lymphatic Cleanse</u>	Detox Lymphatic, Liver, Kidney (Diuretic)	15ml	\$10.00
<u>Mandarin Red (<i>Citrus Deliciosa</i>)</u>	Digestive, Intestinal, Skin, Edema, Stress	15ml	\$9.00
<u>Manger Gift</u>	Stimulates pineal, hypothalamus & pituitary	15ml	\$17.25
<u>Manuka (<i>Leptospermum Scoparium</i>)</u>	Like Tea Tree w/milder aroma, Strep, Staph	5ml	\$17.25
<u>Marigold (<i>Calendula Officinalis</i>) CO2</u>	Burns, Skin, Detox Lymph, Rashes	5ml	\$14.00
<u>Marjoram (<i>Origanum Marjorana</i>)</u>	Arthritis, Muscle/Nerve Pain, Headache	15ml	\$12.25
<u>Master</u>	Noted for ability to balance hormonal issues	15ml	\$14.50
<u>Melissa (<i>Melissa Officinalis</i>)</u>	Viral, Herpes, Insomnia, Anxiety	5ml	\$98.75
<u>Migraine for Children</u>	A mild blend effective for headaches & migraines	15ml	\$16.00
<u>Migraine Relief</u>	Headache, Migraine	15ml	\$17.50
<u>Mold Buster</u>	Spray concentrate to eliminate & prevent mold	1 oz	\$13.25
<u>Mom's Remedy - suitable to diffuse</u>	Respiratory Infections, Pneumonia, Sore Throat	15ml	\$16.25
<u>Mom's Remedy with Coconut oil</u>	Respiratory Infections, Pneumonia, Sore Throat	15ml	\$12.00
<u>Mother's Moisturizing Spray</u>	Uplifting, aches, pains & stretch marks	1 oz	\$11.75
<u>Mountain Top</u>	Airborne allergies, concentration, insomnia	15ml	\$13.25

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<u>Mouthwash ~ Breath Fresh ~ ready-to-use pump</u>	Prevents plaque build-up, gingivitis	4 oz	\$8.00
<u>Mouthwash ~ Breath Fresh ~ Concentrate</u>	Add water to make 10 oz. mouthwash	4 oz	\$10.50
<u>Mouthwash ~ Plaque Defense ~ ready-to-use pump</u>	Prevents plaque build-up, gingivitis	4 oz	\$8.50
<u>Mouthwash ~ Plaque Defense ~ Concentrate</u>	Add water to make 10 oz. mouthwash	4 oz	\$11.00
<u>MRSA-X (pronounced "mur-sa")</u>	Lavender, Geranium Rose, Patchouli and Tea Tree	15ml	\$17.25
<u>Muscle Relax</u>	Tight, sore, aching muscles & charley horses	15ml	\$13.00
<u>Myrrh (<i>Commiphora Myrrha</i>)</u>	Diabetes, Cancer, Fungal, Hepatitis, Gums	5ml	\$16.25
<u>Myrtle (<i>Myrtus Communis</i>)</u>	Thyroid, Throat/Lung/Sinus Infections	15ml	\$18.25
<u>Niaouli (<i>Melaleuca Quinquenervia</i>)</u>	Urinary Tract Infections, Respiratory, Sinus	15ml	\$8.50
<u>Neroli (<i>Citrus Aurantium</i>) Flower</u>	Skin Regeneration, Depression	5ml	\$75.50
<u>Neuropathy</u>	Oils known to help with numbness & weakness of peripheral nerves	1 oz	\$9.50
<u>Nerve Pain (Laurel Leaf,Peppermint,Helichrysum Bld.)</u>	Nerve damage and pain, restorative	15ml	\$15.00
<u>No Bites!</u>	Insect Repellent - vanilla/lemon scent	1 oz	\$6.75
<u>No More Fleas!</u>	Lemongrass, Cedarwood, Purify blend	15ml	\$9.75
<u>Nursing Care</u>	May heal soreness and cracked skin	15ml	\$12.25
<u>Nutmeg (<i>Myristica Fragrans</i>)</u>	Arthritis, Hepatitis, Nerve Pain, Digestive	15ml	\$10.75
<u>Orange, Bitter (<i>Citrus Aurantium</i>) Peel</u>	Cancer, Insomnia, Edema, Depression	15ml	\$9.00
<u>Orange, Wild (<i>Citrus Sinensis</i>) Peel</u>	Anxiety, Constipation, Muscles, Stress	15ml	\$8.25
<u>Oregano (<i>Origanum Vulgare</i>) 83% Carvacrol</u>	Infectious Diseases, Digestive, Arthritis	15ml	\$12.50
<u>Pain Arrest</u>	Joints, sprains, ligaments, muscle spasm	15ml	\$15.25
<u>PainX with Helichrysum Blend</u>	Excellent blend for bone and joint pain	15ml	\$12.00
<u>Palmarosa (<i>Cymbopogon Martinii</i>)</u>	Fungal, Candida, Circulatory, Digestive	15ml	\$8.50
<u>Parasite Free</u>	Oils known to have strong anti-parasitic properties	1 oz	\$15.00
<u>Patchouli (<i>Pogostemon Cablin</i>)</u>	Eczema, Acne, Edema, Listeria Infection	15ml	\$12.75
<u>Peaceful</u>	Anxiety, stress, insomnia / calming	15ml	\$14.75
<u>Peaceful Moisturizing Spray</u>	Same as above as a moisturizing body spray	2 oz	\$13.50
<u>Pepper, Black (<i>Piper Nigrum</i>)</u>	Arthritis, Digestive, Nerve/Muscle Pain	5ml	\$10.75
<u>Peppermint (<i>Mentha Piperita</i>)</u>	Pain, Respiratory, Pneumonia, Viral	15ml	\$9.00
<u>Petitgrain Combava (<i>Citrus Hystrix</i>)</u>	Inflammation, Stress, Anxiety, Trauma	15ml	\$19.50
<u>Pine (<i>Pinus Kessia</i>)</u>	Pain, Respiratory, Pneumonia, Viral	15ml	\$17.75
<u>Plaque Defense</u>	Viral, Bacterial Infections, Flu, Sore Throat	15ml	\$13.75
<u>Plaque Defense Spray</u>	Spray on public surfaces: shopping carts, toilets	1 oz	\$7.50
<u>Plai (<i>Zingiber Cassumunar</i>)</u>	Pain Reliever for Joints and Muscles	5ml	\$14.00

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<u>Potential</u>	Brain Function, Mental Activity and Vitality	5ml	\$16.00
<u>Protect</u>	Supportive to the Immune system	15ml	\$19.75
<u>Purify</u>	Mildew, Cuts & Scrapes, Insect Bites	15ml	\$12.00
<u>Purpose</u>	Simulate endocrine system & energy flow to brain	15ml	\$17.25
<u>Ravensara (<i>Ravintsara Aromatica</i>)</u>	Herpes, Viral, Throat/Lung, Pneumonia	15ml	\$11.50
<u>Regeneration for Bones and Joints</u>	Slipped disc, compressed vertebrae, joints	15ml	\$19.25
<u>Renew</u>	Uplifting, depression, anxiety, insomnia	15ml	16.50
<u>Respiratory Relief</u>	Bronchitis, Asthma, Sore Throats, Bone Spurs	15ml	\$14.25
<u>Ringworm B Gone</u>	Ringworm, fungal issues, mild for small children	15ml	\$9.00
<u>Rose Otto (<i>Rosa Damascena</i>)</u>	Viral, Skin, Ulcers, Anxiety	5ml	\$111.25
<u>Rose Replacement Blend</u>	Blend of pure essential oils with Rose aroma	15ml	\$12.50
<u>Rose Blend Moisturizing Spray</u>	Moisturizing and uplifting	2 oz	\$13.00
<u>Rosemary (<i>Rosmarinus Officinalis</i>)</u>	Infectious Diseases, Liver, Throat, Lung	15ml	\$23.75
<u>Rosewood (<i>Aniba Roseodora</i>) Renewable</u>	Fungal, Candida, Eczema, Psoriasis	15ml	\$10.25
<u>Sage, Dalmation (<i>Salvia Officinalis</i>)</u>	Menstrual, Hormone, Fungal, Liver	15ml	\$11.75
<u>Sage, Spanish (<i>Salvia Lavandulaefolia</i>)</u>	Asthma, Coughs, Arthritis, Aches & Pains	15ml	\$9.25
<u>Sandalwoods (Indian, Indonesian, African, Austral)</u>	Cancer, Viral, Herpes, Cold Sores, Skin	15ml	\$23.75
<u>Sea Buckthorn Berry (<i>Hippophae Rhamnoides</i>)</u>	Skin: aged, damaged, irritated, rosacea	5ml	\$9.50
<u>Serenity</u>	Anxiety, stress, insomnia, calming	5m	\$10.25
<u>Shingles B Gone</u>	Topical application	1 oz	\$12.75
<u>Shingles Internal Defense</u>	Taken via capsule to help reduce Herpes Zoster count	15m	\$13.25
<u>Sinus Relief</u>	Sinus, Respiratory issues, Diffuse	15ml	\$7.75
<u>Skin Restore Spray</u>	Burns & other skin issues ~Very soothing & healing	1 oz	\$11.25
<u>Solace</u>	Uplifting, nervous tension, anxiety	15ml	\$11.75
<u>Spearmint (<i>Mentha Spicata</i>)</u>	Intestinal, Digestion, Hepatitis, Hormonal	15ml	\$8.25
<u>Spice (also known as Holiday Spice)</u>	Purify and fill the air with Holiday scent	15ml	\$8.25
<u>Spikenard (<i>Nardostachys Jatamansi</i>)</u>	Menstrual, Heart Arrhythmias, Anxiety	5ml	\$14.25
<u>Spruce (<i>Tsuga Canadensis</i>) "Eastern Hemlock"</u>	Respiratory, Kidney, Urinary, Skin	15ml	\$9.75
<u>Spruce, Black (<i>Picea Mariana</i>)</u>	Arthritis, Candida, Sinus, Respiratory	15ml	\$15.50
<u>Staph B Gone Spray</u>	Oils shown to kill MRSA & E. Coli in 2 minutes	1 oz	\$10.50
<u>St. John's Wort (<i>Hypericum Perforatum</i>)</u>	Nerve Regeneration, Varicose Veins, Gout	5ml	\$64.00
<u>Sunburn Protection</u>	Alternative to commercial sun screen	2oz	\$19.00
<u>Sunshine</u>	High frequency oil, helps reduce anxiety & stress	5ml	\$12.50
<u>Sunshine Moisturizing Spray</u>	Uplifting, balancing, after shower spray	1 oz	\$11.25
<u>Tagetes (<i>Tagetes Bipinata</i>)</u>	Fungal, Skin, Sprains, Circulatory	15ml	\$18.00
<u>Tangerine (<i>Citrus Reticulata</i>)</u>	Liver, Digestive, Parasites, Insomnia	15ml	\$7.75



## *Heritage Essential Oils*

<u>Tansy, Blue (<i>Tanacetum Annum</i>)</u> see Blue Tansy	Inflammation, Itching, Hormonal	5ml	
<u>Tansy, Idaho (<i>Tanacetum Vulgare</i>)</u>	Arthritis, Rheumatism, Hypertension	15ml	\$16.00
<u>Tarragon (<i>Artemesia Dracunculus</i>)</u>	Intestinal, Urinary Tract Infection, Nausea	15ml	\$9.00
<u>Tea Tree (<i>Melaleuca Alternifolia</i>)</u>	Candida, Ringworm, Sinus, Lung, Gums	15ml	\$9.50
<u>Tei-Fu</u>	Congestion, Sinus, Allergies, Coughs, Motion Sickness	1 oz	\$8.75
<u>Tender Tissue Spray</u>	For tender tissues & Candida (esp. after birth)	1 oz	\$11.00
<u>Tender Skin Salve w/bee's wax</u>	Topical for skin issues & repair, diaper rash	¼ oz	\$4.25
<u>Tender Skin Moisturizing Spray</u>	Skin issues and repair including diaper rash	2 oz	\$11.75
<u>Tender Skin</u>	Topical for skin issues & repair, diaper rash	15ml	\$9.75
<u>Tendon Ease</u>	Tendon inflammation, nerve and muscle pain	15ml	\$19.25
<u>Tension Rub</u>	General muscle/tension massage oil w/ EMU oil	15ml	\$9.25
<u>Thrush Relief</u>	Tea Tree is anti-fungal and Lavender is healing	15ml	\$8.25
<u>Tooth Suds ~ Breath Fresh blend</u>	An effective toothpaste replacement	4 oz	\$9.00
<u>Tooth Suds ~ Plaque Defense blend</u>	An effective toothpaste replacement	4 oz	\$9.50
<u>Top Gun Bacteria Fighting blend</u>	Top oils for fighting Bacterial Issues	15ml	\$12.50
<u>Thyme ct. thymol/carvacrol (<i>Thymus Vulgaris</i>)</u>	Infectious Diseases, Alzheimer's, Heart	15ml	\$25.00
<u>Thyme ct. Linalool (<i>Thymus Vulgaris</i>)</u>	All infections, milder than ct. thymol	15ml	\$16.00
<u>Tsuga (see Spruce, Tsuga)</u>	(see Spruce, Tsuga)		
<u>Turmeric (<i>Curcuma Longa</i>)</u> ~ currently not available ~	Arthritis, Bruises, Auto-Immune, Skin	15ml	n/a
<u>Valerian (<i>Valeriana Officinalis</i>)</u>	Anxiety, Insomnia, Stress, Nerves	5ml	\$17.25
<u>Vanille</u>	Natural balsams and resins with Vanilla Ab.	30ml	\$27.00
<u>Vetiver (<i>Vetiveria Zizanoides</i>)</u>	ADHD, Arthritis, Anxiety, Skin, Insomnia	5ml	\$11.25
<u>Vision Blend</u>	May strengthen, repair and improve eyesight	1 oz	\$18.50
<u>Vitality</u>	Thyroid, Hormonal Balance, Metabolism	15ml	\$15.75
<u>Warrior</u>	"Anti-biotic" infection fighting blend	15ml	\$14.75
<u>Weight Loss</u>	Tasty citrus blend, lymph, appetite	15ml	\$9.25
<u>Wintergreen (see Birch)</u>	Gout, Rheumatism, Eczema, Ulcers		
<u>Winter Scents</u>	Purify and fill the air with Holiday scent	15ml	\$9.50
<u>Woman Ease</u>	Menstrual cramps & irregularity esp. women to age 30	5ml	\$13.00
<u>Wormwood (<i>Artemisia Absinthum</i>)</u>	"Absinthe or Mugwort" gout, kidney stones	15ml	\$15.50
<u>Wrinkle Ease (see Face Nourishment)</u>	Nourishing, moisturizing spray for face	1 oz	
<u>Yarrow, Blue (<i>Achillea Millefolium</i>)</u>	Prostrate, Menstrual, Varicose Veins	5ml	\$16.25
<u>Ylang Ylang (<i>Cananga Odorata</i>)</u>	Arrhythmia, Heart, Anxiety, Intestinal	15ml	\$15.75

## *Heritage Essential Oils*

<b>Hydrosols (Essential Waters)</b>	<a href="#">Click here for general information on the use of hydrosols</a>	4 oz	
<a href="#">Lavender Essential Water</a>	Burns, Skin issues, Wounds	4 oz	\$9.25
<a href="#">Neroli Essential Water</a>	Skin Regeneration	4 oz	\$11.50
<a href="#">Roman Chamomile Essential Water</a>	Nerves, Calming in bath for baby	4 oz	\$11.00
<a href="#">Rose Otto Essential Water - currently not available</a>	Skin issues	4 oz	
<a href="#">Rosemary Essential Water</a>	Infections	4 oz	\$9.75
<b>Carrier Oils</b>	<a href="#">Carrier Oil Usage Information</a>		dropper
<a href="#">Almond Oil, Sweet</a>	Burns, Eczema, Itching, Lubricating, Inflammation	2 oz	\$7.00
<a href="#">Black Cumin Oil</a>	Anti-Microbial, Parasites, Ancient Remedy	2 oz	\$10.75
<a href="#">Castor Oil</a>	Callouses, cysts, dryness, scars, warts	4 oz	\$9.50
<a href="#">Coconut Oil (fractionated)</a>	Most compatible to human skin, Acne	4 oz	\$9.75
<a href="#">Emu (naturally farmed in USA)</a>	Eczema, Arthritis, Skin Rash, Joint Pain	2 oz	\$17.50
<a href="#">Jojoba, Golden (organic)</a>	Mimics Sebum, Penetrating, Eczema	2 oz	\$8.25
<a href="#">Tamanu (Calophyllum) or Foraha Oil (organic, unrefined)</a>	Anti-bacterial, anti-septic, burns, inflammation	1 oz	\$8.75
<a href="#">Natural Organic Oil Blend (organic safflower, coconut, organic jojoba, organic sunflower, olive, vitamin A &amp; E)</a>	Light massage oil; completely natural - no parabens or propylenes	2 oz	\$8.50
<a href="#">Vegetable Glycerine</a>	100% food grade, thick, sweet, 99.7% fatty acids	8 oz	\$11.75
<a href="#">Carrier oil Usage Information</a>	PDF file available to download		
<b>Misc.</b>			
<a href="#">5ml Roll-on Applicator</a>	Glass bottle with rollerball - keeps oil off hands		\$0.75
<a href="#">10ml Roll-on Applicator</a>	Glass bottle with rollerball - keeps oil off hands		\$0.75
<a href="#">1oz Roll-on Applicator</a>	Glass bottle with rollerball - keeps oil off hands		\$1.00
<a href="#">Premium "Compact ACE" Diffuser w/variable output and timer</a>	<a href="#">Please see description</a>		\$116.00
<a href="#">Diffuser, Economy</a>	<a href="#">Please see description</a>		\$36.00
<a href="#">Programmable Timer for Economy Diffuser</a>	Diffuse oils more economically		\$11.75
<a href="#">FanFuser Replacement Fragrance Pad</a>			\$3.00
<a href="#">Travel Kit</a>	16 most popular oils in padded travel case with 2 ml size bottles of essential oil		\$75.00
<a href="#">Travel Cases that hold your bottles (5 - 15 ml size)</a>	<a href="#">A variety of sizes and colors</a>		

*Heritage Essential Oils*